## Counselling 2: Basic Counselling Skills and Theory Across Individual and Group Situations (Year 2016-2017)



American Psychological Association. n.d.-a. 'Group Dynamics: Theory, Research and Practice'.

American Psychological Association. n.d.-b. 'Journal of Counseling Psychology'.

- Anon. n.d.-a. 'British Journal of Guidance and Counselling'.
- Anon. n.d.-b. 'Clinical Psychology and Psychotherapy'.
- Anon. n.d.-c. 'Cognitive Behaviour Therapy'.
- Anon. n.d.-d. 'Counselling Psychology Quarterly'.
- Anon. n.d.-e. 'Group Processes and Intergroup Relations'.
- Anon. n.d.-f. 'Psychotherapy: Theory, Research, Practice, Training'.
- Anon. n.d.-g. 'Therapy Today'.

Arrow, Holly, Joseph E. McGrath, and Jennifer L. Berdahl. 2000. Small Groups as Complex Systems: Formation, Coordination, Development, and Adaptation. Thousand Oaks, Calif: Sage.

Ashmore, Russell, and David Banks. 2004. 'Student Nurses' Use of Their Interpersonal Skills within Clinical Role-Plays'. Nurse Education Today 24(1):20–29. doi: 10.1016/S0260-6917(03)00118-7.

Balmforth, Jane. 2009a. "The Weight of Class": Clients' Experiences of How Perceived Differences in Social Class between Counsellor and Client Affect the Therapeutic Relationship'. British Journal of Guidance & Counselling 37(3):375–86. doi: 10.1080/03069880902956942.

Balmforth, Jane. 2009b. "The Weight of Class": Clients' Experiences of How Perceived Differences in Social Class between Counsellor and Client Affect the Therapeutic Relationship'. British Journal of Guidance & Counselling 37(3):375–86. doi: 10.1080/03069880902956942.

Banister, Peter. 2011. Qualitative Methods in Psychology: A Research Guide. 2nd edition. Buckingham: Open University Press. Barnes, Bill, Sheila Ernst, and Keith Hyde. 1999a. An Introduction to Groupwork: A Group-Analytic Perspective. Vol. Basic texts in counselling and psychotherapy. Basingstoke: Macmillan.

Barnes, Bill, Sheila Ernst, and Keith Hyde. 1999b. An Introduction to Groupwork: A Group-Analytic Perspective. Vol. Basic texts in counselling and psychotherapy. Basingstoke: Macmillan.

Baron, Robert S., and Norbert L. Kerr. 2003. Group Process, Group Decision, Group Action. Vol. Mapping social psychology. 2nd ed. Buckingham: Open University Press.

Bennett, Michael. 2004. Purpose of Counselling and Psychotherapy. Palgrave Macmillan.

Bion, Wilfred R. 1989. Experiences in Groups: And Other Papers. London: Routledge.

Bond, Tim. 2015. Standards and Ethics for Counselling in Action. Vol. Counselling in action. 4th ed. London: SAGE.

British Association for Counselling and Psychotherapy. n.d. 'Counselling and Psychotherapy Research'.

British Psychological Society. n.d. 'Counselling Psychology Review'.

Brown, Rupert. 2019. Group Processes: Dynamics within and between Groups. Third edition. Hoboken, New Jersey: John Wiley & Sons, Inc.

Capuzzi, Dave. 2002. Approaches to Group Work: A Handbook for Practitioners. Upper Saddle River, N.J.: Merrill/Prentice Hall.

Comer, R. 2021a. Abnormal Psychology. 11th ed.

Comer, R. 2021b. Abnormal Psychology. 11th ed.

Corey, Gerald. 2011. Theory and Practice of Group Counseling. 9th ed. Belmont, Calif: Brooks/Cole Cengage Learning.

Corey, Gerald. 2014. Group Techniques. 4th edition. Australia: Thomson / Brooks/Cole.

Corey, Gerald. 2016a. Theory and Practice of Counseling and Psychotherapy. 10th ed. Brooks/Cole Cengage Learning.

Corey, Gerald. 2016b. Theory and Practice of Group Counseling. 9th edition. Belmont, CA.: Thomson/Brooks/Cole.

Corey, Gerald. 2016c. Theory and Practice of Group Counseling. 9th international edition. Belmont, CA.: Thomson/Brooks/Cole.

Corey, Marianne Schneider, and Gerald Corey. 2013. Groups: Process and Practice. 9th edition. Southbank, Vic: Thomson Brooks/Cole.

Corey, Marianne Schneider, and Gerald Corey. 2017. Groups: Process and Practice. 10th

ed. Southbank, Vic: Thomson Brooks/Cole.

Costigan, Lucy. 2004. Social Awareness in Counselling: A Critique of Mainstream Counselling from a Feminist Counselling, Cross-Cultural Counselling, and Liberation Psychology Perspective. New York: iUniverse, Inc.

Cottrell, Stella. 2023a. Critical Thinking Skills: Effective Analysis, Argument and Reflection. Fourth edition. London: Bloomsbury Academic.

Cottrell, Stella. 2023b. Critical Thinking Skills: Effective Analysis, Argument and Reflection. Fourth edition. London: Bloomsbury Academic.

Cutcliffe, John R., and Renay Bajkay. 2009. 'Transposing Yallom: Recognizing and Understanding Group Dynamics in a Canadian Online Diploma in Psychiatric Nursing'. Nurse Education Today 29(1):128–35. doi: 10.1016/j.nedt.2008.08.001.

Dallos, Rudi. 2006. Attachment Narrative Therapy: Integrating Systemic Narrative and Attachment Approaches. Maidenhead: Open U.P.

Denzin, Norman K., and Yvonna S. Lincoln. 2018. The SAGE Handbook of Qualitative Research. 5th edition. Thousand Oaks CA.: Sage Publications.

Deurzen, Emmy Van. 2005. Existential Perspectives on Human Issues: A Handbook for Therapeutic Practice. Palgrave Macmillan.

Douglas, Barbara, Ray Woolfe, and Sheelagh Strawbridge. 2016. Handbook of Counselling Psychology. 4th ed. London: SAGE.

Dryden, Windy. 2013. Handbook of Individual Therapy. 6th edition. London: SAGE Publications Inc,US.

Egan, Gerard. 2010. Exercises in Helping Skills: A Manual to Accompany the Skilled Helper : A Problem-Management and Opportunity-Development Approach to Helping. Belmont, Calif: Brooks/Cole Cengage Learning.

Egan, Gerard. 2018a. The Skilled Helper: A Problem-Management & Opportunity-Development Approach to Helping. 11th ed. Cengage Learning.

Egan, Gerard. 2018b. The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping. 11th edition. Belmont, Calif: Brooks/Cole Cengage Learning.

Egan, Gerard, and Robert J. Reese. 2021. The Skilled Helper: A Client-Centred Approach. Third EMEA edition. Australia: Cengage.

Feltham, Colin. 1999a. Understanding the Counselling Relationship. Vol. Professional skills for counsellors. London: SAGE.

Feltham, Colin. 1999b. Understanding the Counselling Relationship. Vol. Professional skills for counsellors. London: SAGE.

Feltham, Colin, and Windy Dryden. 2006. Brief Counselling: A Practical, Integrative Approach. 2nd ed. Maidenhead: Open U.P.

Feltham, Colin, and Ian Horton. 2017. The SAGE Handbook of Counselling and Psychotherapy. 4th ed. London: SAGE.

Flick, Uwe. 2022a. An Introduction to Qualitative Research. 7th edition. Los Angeles: SAGE.

Flick, Uwe. 2022b. An Introduction to Qualitative Research. 7th edition. Los Angeles: SAGE.

Gladding, Samuel T. 2019. Groups: A Counseling Specialty. 8th ed. Upper Saddle River, N.J.: Merrill.

Goodley, Dan. 2005. Disability and Psychology: Critical Introductions and Reflections. Basingstoke: Palgrave Macmillan.

Graham, J., O. Manor, and S. Wiseman. 2007. 'Introducing Humanistic Group Counselling for Somatisation in a Primary Care Practice: Preliminary Findings'. Counselling and Psychotherapy Research 7(4):220–26. doi: 10.1080/14733140701718420.

Heron, John. 2001. Helping the Client: A Creative Practical Guide. 5th ed. London: SAGE.

Hough, Margaret. 2021. Counselling Skills and Theory. Fifth edition. London: Hodder Education.

Jenkins, Peter. 2007. Counselling, Psychotherapy and the Law. Vol. Professional skills for counsellors. 2nd ed. Los Angeles, Calif: SAGE.

Johnson, David W., and Frank P. Johnson. 2016a. Joining Together: Group Theory and Group Skills. 12th ed. Upper Saddle River, N.J.: Pearson.

Johnson, David W., and Frank P. Johnson. 2016b. Joining Together: Group Theory and Group Skills. 12th ed. Upper Saddle River, N.J.: Pearson.

Joseph, Stephen. 2010. Psychopathology and Therapeutic Approaches: An Introduction. 2nd ed. Basingstoke: Palgrave.

Kotler, J. 2019. Learning Group Leadership: An Experiential Approach. 4th ed. Cognella.

Kreeger, Lionel. 1984. The Large Group: Dynamics and Therapy. London: Maresfield Reprints.

Lemma, Alessandra. 1996. Introduction to Psychopathology. London: SAGE.

Manthei, R. J. 1997. Counselling: The Skills of Finding Solutions to Problems. London: Routledge.

May, Rollo. 1992. The Art of Counselling. Vol. Human horizons series. Rev. ed. London: Souvenir Press.

McCaughan, Nano. 1978. Group Work: Learning and Practice. Vol. National Institute Social Services Library. London (etc.): Allen and Unwin.

McLeod, John. 2018. An Introduction to Counselling. 6th edition. Maidenhead: Open University Press.

Mearns, Dave, Brian Thorne, and John McLeod. 2013. Person-Centred Counselling in Action. Vol. SAGE Counselling in action. 4th ed. London: SAGE.

Nelson-Jones, Richard. 1991. Lifeskills: A Handbook. London: Cassell.

Nelson-Jones, Richard. 2009. Introduction to Counselling Skills: Text and Activities. 4th edition. Los Angeles, [Calif.]: SAGE.

Nelson-Jones, Richard. 2013a. Practical Counselling and Helping Skills: Text and Activities for the Lifeskills Counselling Model. 6th edition. London: SAGE.

Nelson-Jones, Richard. 2013b. Practical Counselling and Helping Skills: Text and Exercises for the Lifeskills Counselling Model. 6th edition. London: SAGE.

Nelson-Jones, Richard. 2013c. Practical Counselling and Helping Skills: Text and Exercises for the Lifeskills Counselling Model. 6th edition. London: SAGE.

Nelson-Jones, Richard. 2014. Theory and Practice of Counselling and Psychotherapy. 6th ed. London: SAGE.

Nelson-Jones, Richard. 2015a. Basic Counselling Skills: A Helper's Manual. 4th ed. London: SAGE.

Nelson-Jones, Richard. 2015b. Basic Counselling Skills: A Helper's Manual. 4th ed. London: SAGE.

Palmer, Stephen, Gladeana McMahon, and British Association for Counselling. 1997. Handbook of Counselling. 2nd ed. London: Routledge.

Parks, Craig D., and Lawrence J. Sanna. 1999. Group Performance and Interaction. Boulder, Co: Westview Press.

Pfeiffer, J. William, and John E. Jones. 1974a. A Handbook of Structured Experiences for Human Relations Training: Vol.1 (Revised). Vol. Series in human relations training. Revised ed. La Jolla: University Associates.

Pfeiffer, J. William, and John E. Jones. 1974b. A Handbook of Structured Experiences for Human Relations Training: Vol.1 (Revised). Vol. Series in human relations training. Revised ed. La Jolla: University Associates.

Posthuma, Barbara W. 2002a. Small Groups in Counseling and Therapy: Process and Leadership. 4th ed. Boston, MA: Allyn and Bacon.

Posthuma, Barbara W. 2002b. Small Groups in Counseling and Therapy: Process and Leadership. 4th ed. Boston, MA: Allyn and Bacon.

Preston-Shoot, Michael. 2007. Effective Groupwork. Vol. Practical social work. 2nd ed. Basingstoke: Palgrave Macmillan.

Priebe, Stefan, and Rosemarie Mccabe. 2008. 'Therapeutic Relationships in Psychiatry: The Basis of Therapy or Therapy in Itself?' International Review of Psychiatry 20(6):521–26. doi: 10.1080/09540260802565257.

Rogers, Carl R. 2004. On Becoming a Person: A Therapist's View of Psychotherapy. London: Constable.

Schneider, Stanley, and Haim Weinberg. 2003. The Large Group Re-Visited: The Herd, Primal Horde, Crowds and Masses. Vol. International library of group analysis. London: Jessica Kingsley.

Seligman, Linda, and Lourie W. Reichenberg. 2019. Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills. 5th ed. Boston: Pearson.

Sills, Charlotte. 2006. Contracts in Counselling and Psychotherapy. Vol. Professional skills for counsellors. 2nd ed. London: SAGE.

Snodgrass, Jill. 2007. 'From Rogers to Clinebell: Exploring the History'. Pastoral Psychology 55(4):513–25. doi: 10.1007/s11089-007-0066-1.

Stangor, Charles. 2015a. Social Groups in Action and Interaction. 2nd ed. New York, N.Y.: Psychology Press.

Stangor, Charles. 2015b. Social Groups in Action and Interaction. New York, N.Y.: Psychology Press.

Strawbridge, Sheelagh. 2016. Handbook of Counselling Psychology. 4th ed. London: SAGE.

Tuckman, Bruce W. 1965. 'Developmental Sequence in Small Groups.' Psychological Bulletin 63(6):384–99. doi: 10.1037/h0022100.

Tudor, Keith. 1999. Group Counselling. Vol. Professional skills for counsellors. London: SAGE.

Wheelan, Susan A. 2005. Group Processes: A Developmental Perspective. 2nd ed. Boston: Allyn and Bacon.

Wilson, Gerald L. 2005. Groups in Context: Leadership and Participation in Small Groups. 7th ed. Boston, MA: McGraw-Hill.

Young, Mark E., and Samantha Chromy. 2005. Exercises in the Art of Helping. 3rd ed. Upper Saddle River, N.J.: Pearson/Merrill Prentice Hall.

Ziv-Beiman, Sharon. 2013. 'Therapist Self-Disclosure as an Integrative Intervention.' Journal of Psychotherapy Integration 23(1):59–74. doi: 10.1037/a0031783.